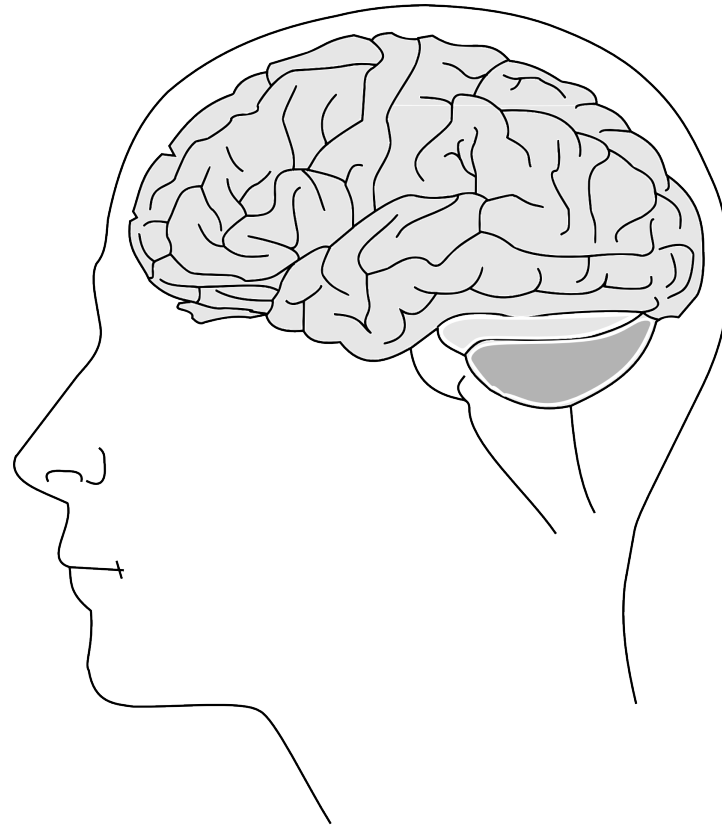


How to Use This Class Presentation

The chart below shows when to use the slides in this presentation with the “My Body” curriculum activities and nonfiction passages.

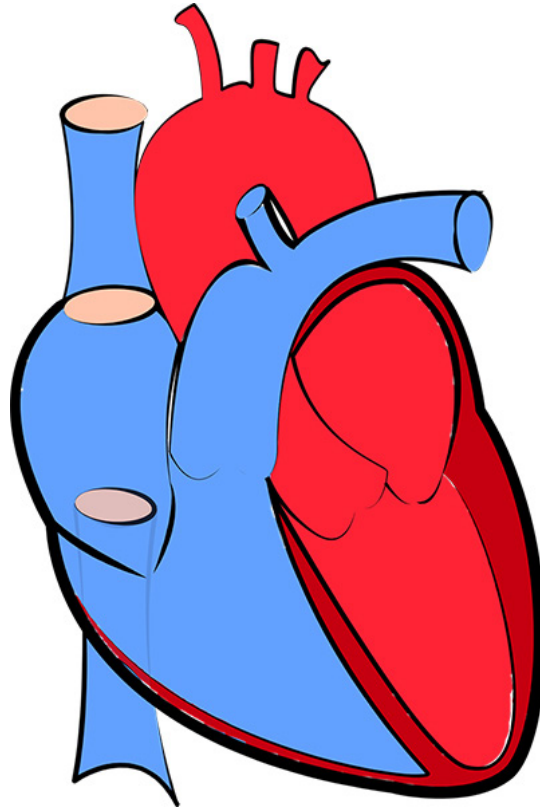
Slides	When to use
1	Use during the activity “My Brain: Not Just for Thinking!” Use the nonfiction passage “Your Brain: The Boss.”
2, 3	Use during the activity “My Heart: Pump That Blood.” Use the activity “My Lungs: Take a Deep Breath.”
4–7	Use during the activity “My Body: At Work.”
8	Use as a prereading prompt for the nonfiction passage “Like a Car.”
9	Use after the nonfiction passage “Healthy Habits.” Use the nonfiction passage “A Winner.”
10	Use with the activity “I Wonder!” Use the nonfiction passage “Hooray for Science.” Use the activity “My Body: Assessment.”

The Brain



The brain is wrinkly and gray.

The Heart



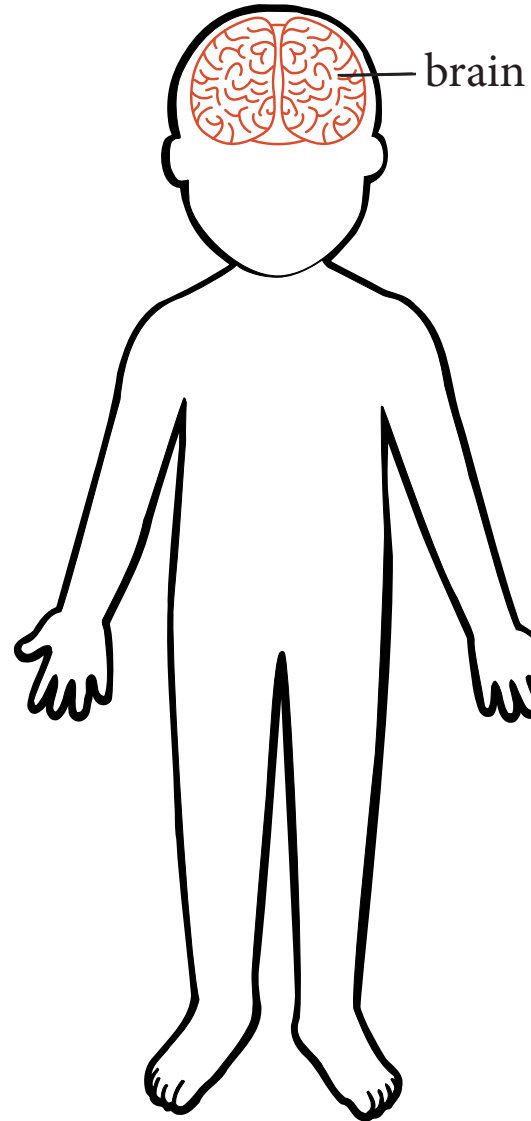
The heart pumps blood.

Be active. Set exercise goals.



Your brain controls all that you do.





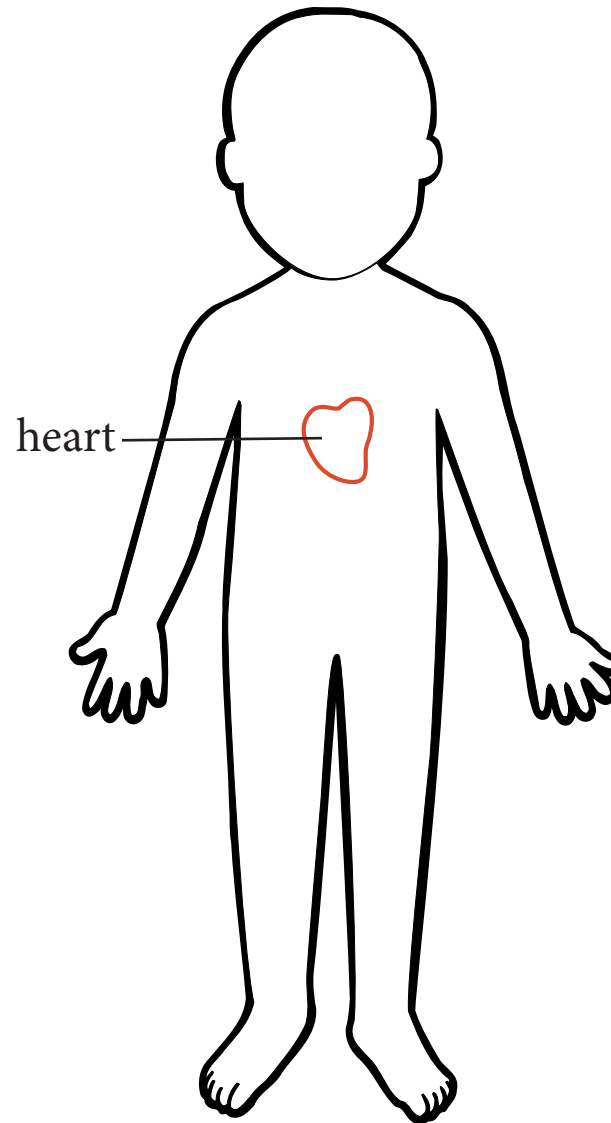
Your brain needs blood.

Blood gives it oxygen.

Your body has lots of muscles.

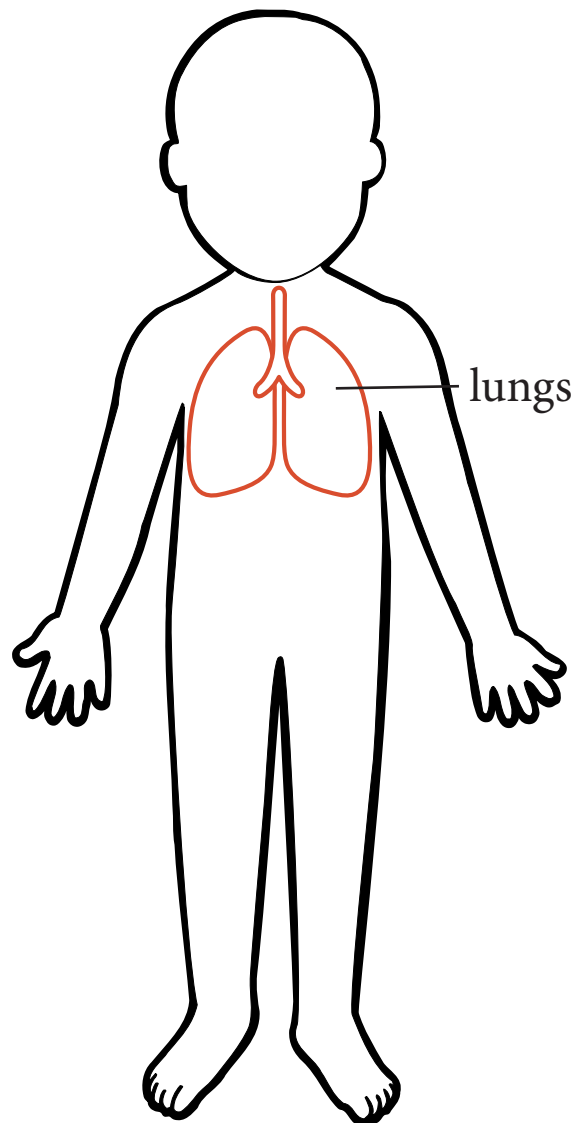
Your heart is a muscle.

It is the only muscle that pumps blood.



When you breathe, air goes to your lungs.

Your blood picks up oxygen from the air in the lungs.



How is your body like a car?



**Turn to a neighbor and share your ideas.
Listen for answers as we read.**

Your heart and blood work better when you eat foods that are good for you.

Which foods are the most nutritious?



What are some great things about being a scientist?



Listen to find out what two scientists say.